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This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claim 1(Currently Amended). A system for whitening teeth while receiving a tan, comprising the combination of:

a plastic mouth piece with a face end having an outside opening and a rear end having an outside opening and having an oval shape between the face end and the rear end with an oval-shaped channel opening therethrough, the mouth piece being insertable adaptable for insertion into a mouth of a user with the rear end adjacent to abut against root edges of upper and lower frontal teeth for exposing the upper frontal teeth and lower frontal teeth of the user; and

a single tanning lamp having an artificial UV(ultraviolet) light source that emits light within the range of approximately 200 nm to approximately 400 nm, the single lamp adaptable for beaming light on both exposed skin of the user and onto the exposed upper front teeth and the exposed lower frontal teeth for bleaching the exposed upper frontal teeth and exposed lower frontal teeth over time and while protecting the upper and lower gums of the user from the light source, wherein the system is capable of both tanning the exposed skin of the user and whitening the upper and lower frontal teeth of the user.

Claim 2(Original). The system of claim 1, wherein the mouthpiece includes:

an elongated oval length with a concave curved edge for abutting against the upper and the lower frontal teeth root edge portions of the user.

Claim 3(Original). The system of claim 1, wherein the mouthpiece includes:

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an upper half portion for pushing an upper lip of the user to expose the upper frontal teeth, and a lower half portion for pushing downward a lower lip of the user for exposing the lower frontal teeth of the user.

Claim 4(Original). The system of claim 3, further comprising:

a raised edge about the face end of the mouth piece for keeping the upper lip and the lower lip in an open state.

Claim 5(Canceled).

Claim 6(Currently Amended). The system of claim 1, further comprising:

a kit ~~including~~ consisting of a whitening agent ~~and the plastic mouthpiece, the whitening agent~~ for being placed on the upper and lower frontal teeth prior to the light source.

Claims 7-9(Canceled).

Claim 10(Original). A method of whitening teeth, comprising the steps of:

positioning a mouthpiece into a mouth of a user for exposing upper and lower frontal teeth of the user; and

whitening the upper and lower exposed teeth from a light source while receiving a body tan from the light source.

Claim 11(Original). The method of claim 10, wherein the positioning step includes the step of:

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placing a rear end of the mouth piece against root edges of the upper and lower teeth so that the mouthpiece protects upper and lower gums of the user during the whitening step.

Claim 12(Original). The method of claim 10, wherein the positioning step further includes the steps of: pushing an upper lip of the user upward to expose the upper frontal teeth; and

pushing a lower lip of the user downward to expose the lower frontal teeth.

Claim 13(Original). The method of claim 10, wherein the whitening step includes the step of:

applying ultraviolet light in a range of approximately 200nm to approximately 400nm from a nonlaser light source as the light source for the body tan.

Claim 14(Original). The method of claim 10, further comprising the step of:

magnifying the light source by reflective walls surfaces inside of the mouthpiece for enhancing the whitening of the upper and the lower frontal teeth.

Claim 15(Original). The method of claim 10, further comprising the step of:

biting down on a bite tab attached to the mouthpiece so that the mouthpiece remains secure and stationary within the mouth of the user.

Claim 16(Original). The method of claim 10, further comprising the step of:

focusing the light source from a front end of the mouthpiece by inwardly flared sidewalls during the whitening step.

Claims 17-24(Canceled).

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Claim 25(New). The system of claim 1, further comprising:

a tanning bed adaptable for supporting the user, while the light beam is beaming on the exposed skin and the upper and the lower frontal teeth of the user.

Claim 26(New). A kit system for use with body tanning and teeth whitening, comprising:

a mouthpiece solely formed from plastic and consisting of an oblong and oval shaped plastic frame having a face end with an outside opening therethrough and a rear end having an outside opening therethrough, and a channel between;

a whitening agent adaptable for being applied to teeth of a user; and

a package for housing the plastic mouthpiece and the whitening agent, wherein the mouthpiece being adaptable for insertion into a mouth of the user so that the rear end is positioned adjacent root edges of the upper and lower front teeth of the user, and the face end of the frame allows light to reach the upper and lower front teeth, and wherein a single artificial UV(ultraviolet) light source is adaptable to both tan exposed skin of the user and whiten the upper and the lower frontal teeth of the user wearing the mouthpiece.

Claim 27(New). The kit system of claim 26, wherein the rear end of the plastic mouthpiece includes:

a concave curved edge for abutting against the upper and lower frontal teeth root edge portions of the user.

Claim 28(New). The kit system of claim 27, wherein the plastic mouthpiece includes:

an upper half surface portion for pushing an upper lip of the user to expose the upper frontal teeth, and a lower half surface portion for pushing downward a lower lip of the user for exposing the lower frontal teeth of the user.

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Claim 29(New). The kit system of claim 28, wherein the plastic mouthpiece includes:

a raised edge about the opening of the face end of the mouth piece for keeping the upper lip and the lower lip in an open state.

Claim 30(New). The kit system of claim 29, wherein the plastic mouthpiece includes:

reflective inner wall surfaces in the mouthpiece for magnifying effects of a light source.

Claim 31(New). The kit system of claim 29, wherein the plastic mouthpiece includes:

a bite tab attached to and protruding inside the mouthpiece for allowing a user to bite down on the bite tab to secure the mouthpiece in a fixed position.

Claim 32(New). The kit system of claim 29, wherein the plastic mouthpiece includes:

sidewalls inwardly flaring from the face end to the rear end so the light is focused onto substantially all the upper and lower frontal teeth when whitened by the light.

Claim 33(New). The kit system of claim 26, further comprising:

a single tanning lamp source that emits light in the wavelength of approximately 200 nm to approximately 400 nm, as the single artificial UV light source.

Claim 34(New). The kit system of claim 26, further comprising:

a tanning bed being adaptable for allowing the user to be tanned.